



**THE ATHENS GREEK RELIGION SEMINAR, Tuesday, December 16, 2025**

**Sophia Nomicos**

***The Mountain and the Divine: Mount Taygetos as a central sacred landscape in the southern Peloponnese***

**ABSTRACT**

In modern scholarship, Mount Taygetos in the southern Peloponnese is primarily associated with its role as a border between the regions of Laconia and Messenia. However, ancient written sources and archaeological findings show that it had various other functions.

In recent years, research has increasingly highlighted the sacred function of ancient mountain regions, which was closely linked to the identity of the surrounding societies.

This lecture will explore how this also applies to Mount Taygetos and examine the factors that might have contributed to its creation as a sacred landscape by neighbouring communities.

**The seminar takes place Tuesday, December 16, 2025, 17.00 (Athens) in a hybrid format with live presence at the Swedish Institute at Athens and online via Zoom.**

To participate, please register at:

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